

Digital Citizenship

Information and Resources
for TRUSD Families

Digital Citizenship: Cov Ntaubntawv Qhia & Cov Kev Pab rau TRUSD Cov Tsevneeg

Digital Citizenship yog dabtsi?

Digital citizenship hais txog qhov dejnum saib xyuas ntawm txoj kev siv technology.

Sib sablaj txog digital citizenship (kev ua pejxeem zoo hauv online) yog qhov tseemceeb los pab koj tus menuam ua tau thiab totaub txog kev txawj thiab paub siv technology (digital literacy), nrog ntxiv rau txoj kev tsom kwm los tivthaiv ua ntej ntawm kev sib thabplaub hauv online (cyberbullying), kev nyabxeeb hauv online, qhov dejnum feemxyuam ntawm kev siv technology (digital responsibility), thiab txoj kev noj qab zoo ntawm kev siv technology (digital health and wellness).

Kuv yuav kawm kom paub ntxiv txog Digital Citizenship tau licas?

[Common Sense Media](#) yog ib lub tuamtxhab ua haujlwm tsis tau nyiaj tshaj (nonprofit) uas muaj cov kev tsom kwm thiab cov ntaubntawv kev pab rau cov niam txiv uas tham txog txoj kev ua ib tug pejxeem zoo hauv online (digital citizenship) thiab paub txog ua ntej los txiav txim dabtsi ntawm cov khoom ntaubntawv nyob hauv online (digital content). Los nkag mus saib lawv daim vejxaij, mus saib <https://www.commonsensemedia.org/>

Nyob hauv qab ntawm qhov kem, tab *Parents Need to Know* (Cov Niam Txiv Yuav Tsum Paub Txog), koj kuj nrhiav tau cov ntaubntawv qhia raws koj tus menuam lub hnubnyoog, qhov ntsiab lus uas koj txhawjxeeb txog, thiab tau cov niam txiv cov kev tsom kwm uas zoo tshaj plaws uas yuav pab koj pom thiab paub txog yam tshiab hauv online uas sawvdaws tabtom nyiam nyiam ua thiab raws.

Kuv yuav ua licas thiaj li los pab tau kuv tus menuam muaj kev nyabxeeb tshaj plaws thaum nyob hauv Zoom?

Thov muab lub sijhawm los saib [Parents' Ultimate Guide to Zoom](#) los kawm kom paub ntxiv txog Zoom yog dabtsi, cov menuam kawmntawv siv nws los ua dabtsi, thiab cov twj uas tswj kev nyabxeeb rau zoom cov rooj sibtham.

Kuv yuav ua licas tau los kawm kom paub ntxiv txog kev thabplaub hauv online, cyberbullying?

Thov mus saib cov vejxaij raws nram no kom paub cov ntaubntawv qhia ntxiv txog kev thabplaub hauv online yog dabtsi thiab zoo licas thiab koj ho pab tau licas tam li koj yog ib tug niam txiv.

- <https://www.stopbullying.gov/sites/default/files/2018-08/Digital-Citizenship-Factsheet.pdf>
- <https://www.commonsensemedia.org/articles/what-should-i-do-if-my-kid-is-bullied-online>
- PDF Tsom Kwm Pab: [Yuav Ua Licas los Tivthaiv Ua Ntej Kom Tsis Txhob Muaj Kev Sib Thabplaub hauv Online \(Cyberbullying\) : Ib Qho Kev Tsom Kwm Pab rau Cov Niam Txiv, Cov Neeg Tu Saibxyuas, thiab Cov Hluas](#)
- Be Internet Awesome (Google): https://beinternetawesome.withgoogle.com/en_us/families